



# Morning Program

Week 4, Term 1

15<sup>th</sup> February 2016 to 19<sup>th</sup> February 2016

Morning Experiences

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> 7:15am – 8:30am	<p><u>Breakfast Tables</u> <b>Milo</b></p> <p><b>Cereals:</b> Cornflakes, Rice Bubbles, Cheerio's, Muesli</p> <p><b>Raisin / Wholemeal Toast with Spreads:</b> Cream Cheese, Vegemite, Honey, Jam, Margarine</p>	<p><u>Breakfast Tables</u> <b>Milo</b></p> <p><b>Cereals:</b> Cornflakes, Rice Bubbles, Cheerio's, Muesli</p> <p><b>Raisin / Wholemeal Toast with Spreads:</b> Cream Cheese, Vegemite, Honey, Jam, Margarine</p>	<p><u>Breakfast Tables</u> <b>Milo</b></p> <p><b>Cereals:</b> Cornflakes, Rice Bubbles, Cheerio's, Muesli</p> <p><b>Raisin / Wholemeal Toast with Spreads:</b> Cream Cheese, Vegemite, Honey, Jam, Margarine</p>	<p><u>Breakfast Tables</u> <b>Milo</b></p> <p><b>Cereals:</b> Cornflakes, Rice Bubbles, Cheerio's, Muesli</p> <p><b>Raisin / Wholemeal Toast with Spreads:</b> Cream Cheese, Vegemite, Honey, Jam, Margarine</p>	<p><u>Breakfast Tables</u> <b>Special:</b> <b>Cheese Toasties</b></p> <p><b>Cereals:</b> Cornflakes, Rice Bubbles, Cheerio's, Muesli</p> <p><b>Raisin / Wholemeal Toast with Spreads:</b> Cream Cheese, Vegemite, Honey, Jam, Margarine</p>
<b>Creative Activities</b> 7:15am – 8:30am	 <p><b>GALAXY DOUGH</b></p>	 <p><b>ROCKET SHIPS</b></p>	 <p><b>GALAXY DOUGH</b></p>	 <p><b>ROCKET SHIPS</b></p>	 <p><b>GALAXY DOUGH</b></p>
<b>Construction and Games</b> 7:15am – 8:30am	LEGO, Playing Dolls	Chalk Boards	Beading, Mobilo	Loom Bands	Board Games
<b>Outdoor Play</b> 8:15am – 9:00am	Equipment games	Handball	NFL/AFL/rugby skills	Soccer	Basketball shooting skills